

# The Care Aims Model

## An Introductory Workshop

- Are you fed up with having your work measured by activity levels?
- Have you ever felt you were getting nowhere with a patient/client but did not have the evidence you needed to change your management?
- Are you looking for a way of communicating the outcomes of your interventions to clients/carers and managers?

. . . then this workshop is for you!

### AIMS OF THE WORKSHOP

Demonstrating clinical effectiveness, a clear evidence base and sound reflective practice are all competencies highlighted by the NHS Modernisation Agenda. The Care Aims Model has been adopted by a large number of services across the UK to support them in doing this, as the skills underpinning these competencies are central to the care aims model and to the framework outlined in this workshop. The model is suitable for qualified practitioners from all professions and sectors of healthcare and related agencies.

This workshop aims to introduce you to the Malcomess Care Aims Model and to how it can support you in making the highly complex practice decisions you are faced with on a day-to-day basis. The main aim is to ensure that you understand the principles underlying this model of care and how it applies to current service delivery so that you can make a decision about whether to proceed to implementation within your service/team/organisation.

*Please note: This workshop does not equip services/teams/organizations to implement the model locally. More in-depth training is required for this.*

### By the end of the workshop participants will have:

- a clear understanding of the concepts and principles underpinning the Care Aims Model
- a clear understanding of how this approach applies to your caseload/client group/discipline

### WORKSHOP OUTLINE:

This workshop includes taught elements and one opportunity for group work. Broad areas covered include:

- An overview of the Model - Its philosophy, origins and underlying principles
- The principles of care management using care aims and episodes
- Measuring outcome of intervention and demonstrating effectiveness
- Using care aims to manage caseload and workload.
- Applying the principles of care aim and episode to cases.

### THE WORKSHOP IS SUITABLE FOR:

- Practitioners in Health, Social Care or Education, in the public or private sector, wishing to understand more about the Care Aims Model.
- Any leader or commissioner of public or private sector services interested in a model which will support effective Clinical Governance and performance management.



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**PARTICIPANTS:** **Maximum of 90 participants** from all professional groups and sectors of Healthcare and related agencies.

**FACILITIES:** These should be provided by the service/organisation commissioning the workshop and should include:

- a large room (big enough for break-out groups)
- a powerpoint/data projector, screen and flipchart
- refreshments, as appropriate
- photocopying of handouts

**COSTS:** (Fee covers tuition and all course materials)

**For up to 20 participants**

£1,000 *per day* + £150 = **£1,150 *per day*** plus travel and accommodation at cost plus VAT

**For up to 30 participants (optimum)**

£1,200 *per day*+ £180 = **£1,380 *per day*** plus travel and accommodation at cost plus VAT

**For up to 90 participants**

£1,600 *per day*+ £240 = **£1,880 *per day*** plus travel and accommodation at cost plus VAT

**FACILITATORS:** **Kate Malcomess**, who developed the Care Aims Model, is an independent consultant, specialising in clinical and organisational systems. Her work with the Care Aims model started in 1994 and the model is now used by a large number of professions, in over 50 NHS Trusts, Local Authorities and Learning Disability Partnerships across England and Scotland. Kate has an extensive reputation as an effective speaker, facilitator and coach. She runs national training programmes, predominantly in the public sector, across England and Scotland, for a wide-range of professionals and managers. Kate has clinical qualifications in 3 professional areas - speech/language therapy, clinical audiology and family therapy – and has practised for over 16 years in acute, community and mental health settings. She has also been a senior manager in the NHS.

**Pauline Beirne**, who is an associate for Kate Malcomess Consultancy Ltd, is an independent consultant. Her previous role as director of Allied Health Professionals for three years in a city-wide children's Trust has equipped her with a broad overview of the diverse competency-base of this staff group. Pauline has worked as a clinician and manager in community and acute services in all settings and has made a significant contribution to inter-agency collaboration at a strategic level. Pauline has 6 years of experience as a trainer and consultant both within the NHS and within other agencies in the public and voluntary sectors. She has a particular interest in practice-based research and has a track record in research into collaborative and evidence-based practice.

*A facilitator will be allocated to your course according to the dates booked.*

